

# A Review of Brain Tumor, Symptoms, Risk factors and Brain tumor in Children and Young Adults

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#### **ABSTRACT**

A brain tumor rises when irregular cells form the brain. Symptoms of all brain tumors may produce that vary makes smaller or less in the amount on the part of the brain included. The condition of most brain tumors is familiar. This article will give an overview of brain tumors in population, summarized estimates of brain tumor symptoms, risk factors of brain tumors, brain tumors in children and young people.

Keywords: Factors, Brain tumor, Cell, Headache.

Abbreviation: WHO: World Health Organization, USA: United States of America, ICP: Influence of intracranial Pressure, CNS: Central Nervous

System, CBT: Computer-based training.

#### INTRODUCTION

A brain tumor develops when unusual cells form in the brain. There are two class brain malignancies: cancerous (malignant) and benign (non- cancerous) tumors, cancerous tumors can be detached into primary tumors, which start inside the brain, and secondary tumors, which have spread from away, known as brain metastasis tumors[1]. Several assemblies are categorized neoplasms by primary and secondary brain tumors. There were 23,800 new cases of primary brain neoplasms (neoplasms are abnormal growth of tissues that can occur any part of the body). In the USA in 2017, it is estimated that one-fourth of patients with cancer will progress intracranial metastasis [2].

Secondary brain tumors are around four-times more communal than prime brain cancers [1], [3]. primary brain tumors happen in about 250,000 people a year worldwide, making up less than 2% of cancers [4]. About 1.2 million nervous system cancer is estimated in 2015 [5] 229.00 death occur due to cancer in 2015 [5]. In 2007, An American cancer civilization assessed that primary brain tumors were the cause of death in nearly 12,740 people, and 20,500 novel cases were diagnosed. According to the World Health Organization (WHO) classification, there are main classes of gliomas: astrocytomas, oligodendromas, and mixed oligoastrocytomas, which can characteristically be illustrious by their histological property [6].

Glioblastoma is the most malignant and most common glioma, accounting for 45-50% of gliomas [7].in 2008 there were calculated 1 52,236 new primary brain tumor (PBT) identification in the united states, with 22,000 being malignant ( rate, 6/100,000 for a malignant tumor and 9/100,000 for being tumors). The general rate is slightly greater in females than males ( 17.2 vs 15.8/100,000) [8].

# **SYMPTOMS**

# There are following symptoms of the brain tumors

❖ problems Headaches as an influence of intracranial pressure (ICP) can be an early sign of brain cancer [9]. In a sequence of 206 patients with brain tumors, 48% accessible with headache [10], [11]. Determinant conditions for presenting with headache were female gender, juvenile age and a history of headache .in particular of brain

11 | Page ISSN: 2582-3981 Website: www.iijsr.com



# (Quarterly International Journal) Volume 4, Issue 1, Pages 11-14, January-March 2020

tumor patients with long-established primary headache disorderliness history, 64% handover with headache [12], while several articles statement on particulars of headache as a sign of brain tumors [10], [13].

- Two most normally happen indication in primary and solid brain tumor patients are fatigue and sleep-wake disruption [6], [12], [14], [15]. sleep-wake disorders are well-defined as a perceived or actual change in sleep that consequences in reduced daytime functioning, unlike other cancers. Sleep-wake disturbances are usual and are roughly calculate in 10%-20% of general population(paper=9)r17,18)[6], [16], [17].
- Symptoms of brain tumors occur under five-year preschool child are involve as Eye movement disorder, Co-ordination/walking problems, Behavior change, Seizures, Abnormal head position such as the wry neck, head, head tilt or stiff neck.
- 5-1-year kids head tumors take place symptoms to persevere/regular headache, persistent /recurrent vomiting, balance/co-ordination /walking problems, abnormal eye actions unclear or double vision, behavior alteration, seizures.
- ❖ In young people, brain tumors symptoms are repeated headache, persistent/recurrent vomiting, walking, Abnormal eye movements, blurred or double vision, behavior change, seizures, slow growth problems [18]– [20].
- Melancholy symptoms among brain tumor patients have been reported by a distinct investigative clinical interview with alternate criteria and doorstep [21], [22]. Expected range of depression is 2.8% to 95% [6], [21].

# **RISK FACTORS**

Hereditary conditions such as Von Hippel-Lindau diseases, tuberous sclerosis, numerous endocrine neoplasias, and neurofibromatosis kind second transmit a high chance for the evolution of the brain tumors [1], [23], [24]. People with celiac disease have a slightly increased risk of developing brain tumors [25]. Environmental possibility factors for brain tumors inquire into epidemiological studies are ionizing radiation, mobile phone, Alcohol, chemical substances like hair dyes and pesticide, etc., "low-frequency" electromagnetic fields, Allergies[26]

# **BRAIN TUMORS OF CHILD**

Brain tumors are the second most common cancer in children, comprising 15-25% of all pediatric malignancies, and they are the most common solid tumors. In the UK, around 450 childhood CNS tumors, which are approximately totally primary, investigated year influence children up to 15 years of age. They are the most usual solid tumor of childhood, including for 27% of all malignancies. participation of the brain is a risk for 55% of childhood malignancy, with 30% considered for by severe leukemias [17] [19]. Grad 1 gliomas are rare and mostly limited to childhood.

Diffuse astrocytomas (WHO grade II) description for 5% of all tumors in children aged 0- 14 years, with a U.S. occurrence rate of "28/100,000" [27]. High dose radiation to the head and neck for the action of cancer or other condition is to identify the CBT risk factor [2]. A Danish study surveyed CBT associated with neonatal diagnostic

### (Quarterly International Journal) Volume 4, Issue 1, Pages 11-14, January-March 2020

X-ray submission and remarked a 2-fold positive non-significant suggestion [28]. Alcohol exposure in utero is a known toxin to progress CNS. But, in concurrence with past studies [29], a current large case-control study did not support maternal consumption as a risk factor for contribution CBTs[29] [29]. At the end of 2013, it was approximated that there were extra than 420000 childhood cancer survivors in the united state. childhood brain tumors stayers, henceforth mention to as survivors, representing 15.6% of all childhood cancer survivors [21].

### **BRAIN TUMORS IN YOUNG**

Malignant tumors of the brain are a rare occurrence accounting for approximately 2% of all cancer in adults. Grad 2 gliomas (with subtypes astrocytoma and oligodendrogliomas) happen in all ages with a peak in young adults [6]. 13% of brain tumors all primary brain cancer present in persons younger than 20 years. [8], [30].In Finland, the antidepressant use in age groups 16 to 20 years has nearly tripled, to 6% and 3% from 1997 to 2007 [31]. In alternative Finnish study on the occurrence of depressive and anxiety signs in young adults, it was discovered that depressive disorders were the maximum usual mental disorder (6.5%), and they were more common in women (8.3% vs.4.6%)[32]. more exactly, symptoms influence poor movement, poor physical functioning, reduced bone mineral density, hearing and vision issues, and fitness levels [33].

### **CONCLUSION**

The occurrence of new brain tumors 6.4 per 100,000 peoples per year with total five-year survival rate of 33.4%.there is an approximate 0.6% era risk of being analyzed with brain or other nervous system cancer[34].in childhood a different profile of tumor types is present and survival has improved over recent years and is higher than in adults.

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13 | Page ISSN: 2582-3981 Website: www.iijsr.com

## (Quarterly International Journal) Volume 4, Issue 1, Pages 11-14, January-March 2020

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14 | P a g e I S S N: 2582-3981 Website: www.iijsr.com